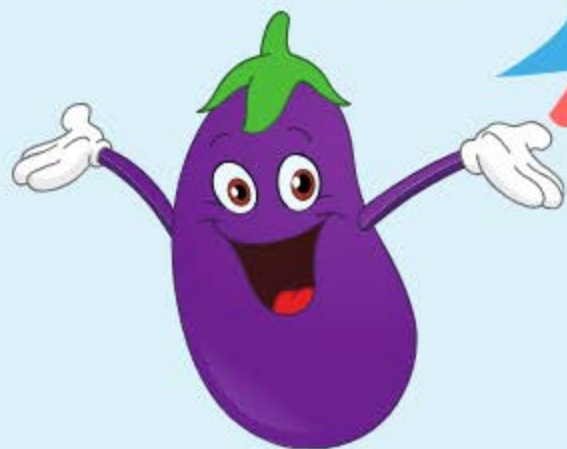


# Doxy-PEP

What is  
Doxy-PEP?

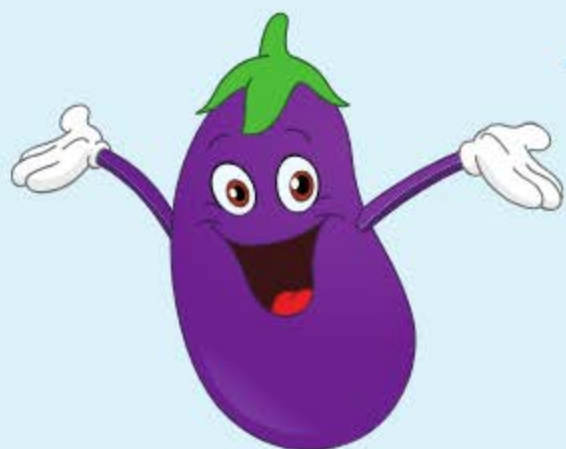


Doxy-PEP is a new way to reduce your risk of getting different sexually transmitted infections (STIs).

Taking 200mg of the antibiotic doxycycline (doxy) after condomless oral, anal, or front hole/vaginal sex reduces your chance of getting gonorrhea, chlamydia, and syphilis.



How well does  
it work?



Using Doxy-PEP reduces  
**Gonorrhea up to 55%**  
**Syphilis up to 79%**  
**Chlamydia up to 89%**



DoxyPEP does not  
protect against

mpox  
or  
HIV

Get mpox  
vaccine!

Still need PrEP,  
HIV-PEP, or U=U to  
prevent HIV  
transmission.

**Condomless sex  
means oral,  
anal, or  
vaginal/front-  
hole sex where a  
condom is not  
used for the  
entire time.**





Take 200mg of doxy (usually 2 pills of 100mg) as soon as possible after sex.

How do you use it?

**Doxy-PEP works best when taken within 24hrs, but it can still work up to 72hrs after sex.**



Have sex here

Then, take 200mg of doxy one time here within 24 hrs

or take it here within 72 hrs if you forgot

but not here as it won't work

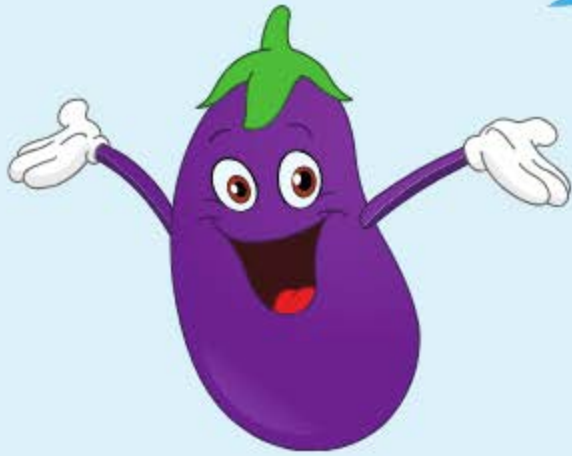




What if you have sex more than once?

**CAUTION**

Do not exceed a maximum daily dose of 200mg

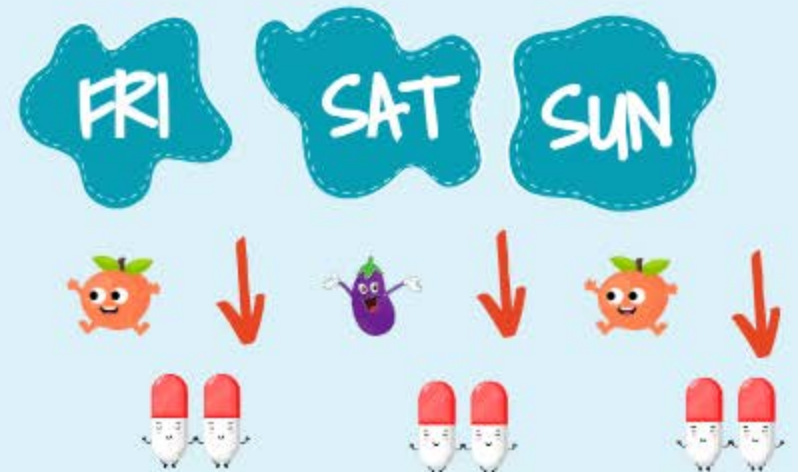
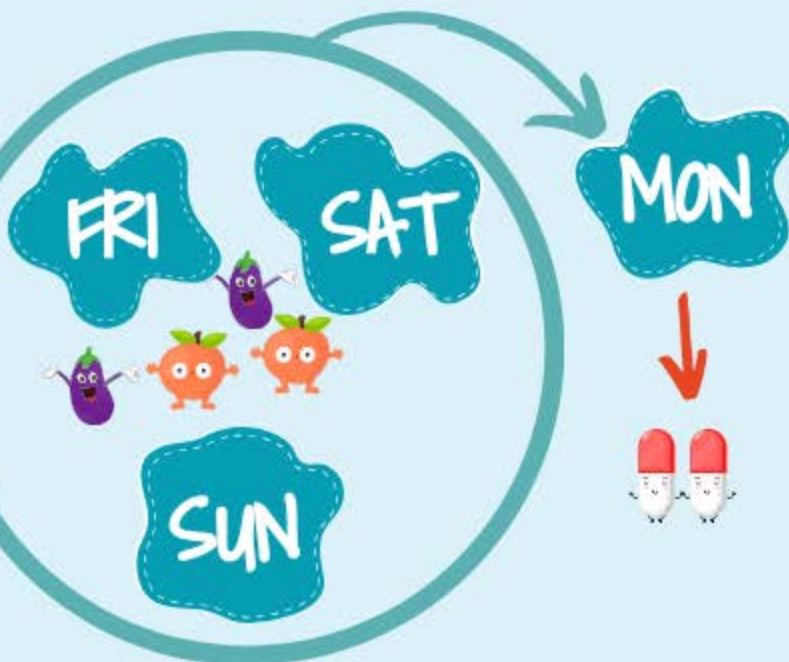


- A 200mg dose of doxy will cover all the sex you had in the last 24 to 72 hours.
- Taking a dose each day after sex is more effective but may have more side effects.

Take 1 dose (200mg) to cover 72hrs

OR

Take 1 dose (200mg) every day after sex



What else do I  
need to know?



Take with food to  
prevent nausea.  
Avoid dairy,  
calcium, antacids  
2hrs before or after  
taking doxy.



Doxy may make  
you sensitive to  
sunlight, so wear  
sunscreen & limit  
sun exposure.



If you may be  
pregnant, talk to  
your provider  
before taking doxy.



Get tested regularly  
for STIs. If you get  
an STI, you still  
need treatment.

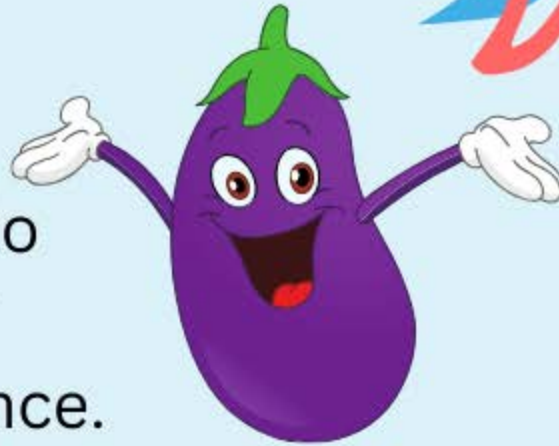




Any more  
questions?

## What about drug resistance?

More research is needed to understand the impact of Doxy-PEP on drug resistance.



But, so far, **chlamydia & syphilis don't seem to become resistant to doxy.**

Gonorrhea already has some resistance to doxy, so different antibiotics are used to treat it.

Taking doxy every day is common for other health problems (like acne) and is considered to be safe.



## What are the different types of doxy?

There are three equally effective types of doxy:

- Hyclate
- Monohydrate (may be gentler on the stomach)
- Delayed Release (a pricier option but in a single pill)

**Choose the version that you can most easily get.**





Where do you  
get it?



Ask your healthcare provider for Doxy-PEP.

**They might not be aware of this new strategy to  
decrease STIs.**

In June 2024, the CDC published its clinical  
DoxyPEP recommendations.

Please visit the QR code to learn more.



developed by Pink Wellness, LLC  
<http://embodypink.com>