

# About CAB-PrEP

CAB-PrEP is a new method of HIV prevention that involves medication injections instead of oral pills.

	CAB-PrEP
<b>Who does it work for?</b>	People who have any type of sex (anal sex, front hole or vaginal sex, and other). CAB-PrEP is not approved for HIV prevention for people who may be exposed to HIV through injection drug use.
<b>When to use it?</b>	First injection on day 1, and a second injection 1 month later. Follow-up injections every 2 months (+ or - 7 days).
<b>Works best</b>	If you come to every appointment.
<b>Effectiveness</b>	Extremely effective when used every 2 months.
<b>Taking pills</b>	Optional daily oral cabotegravir to start. Oral TDF/FTC (brand name Truvada) or TAF/FTC (brand name Descovy) for missed injections AND 12 months after last injection.
<b>Missing doses</b>	Start oral TDF/FTC or TAF/FTC if you miss your injection visit by 7 days. Restart your injection ASAP followed by another injection at 4 weeks and/or every 2 months.
<b>Side effects</b>	Pain or tenderness at injection site is COMMON. Take over-the-counter pain medication as needed/apply a warm compress after injection.
<b>Planning</b>	No planning around sex.
<b>Hepatitis B</b>	Can take with chronic hepatitis B.
<b>Cost</b>	FREE through Medi-Cal and FREE through co-pay assistance programs for uninsured people. Private insurance coverage varies
<b>Hormones</b>	Effective with hormone use.
<b>Visit frequency</b>	Initial dose 1 month apart then every 2 months. HIV test every 3 months for 1 year after discontinuing CAB-PrEP.



Adapted with permission from SFAF



Questions about PrEP?  
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