

## Regional Case Managers Meeting



Alameda County Public Health Department San Leandro, CA February 8th, 2024





## Welcome!

Housekeeping:

- Please sign-in.
- Restroom locations.
- Community table outside.
- Please take breaks when you need to.
- Light snacks and drinks available to be consumed outside the room.
- Grab & Go lunch available at the end of the meeting.

### Wifi:

• Select "Alameda\_County\_Public\_wireless and click "accept" to join.



## Welcome!

We are fortunate to have our elders and community members with health vulnerabilities joining us today. Please help us lower Covid risk by:

- Enjoying food outside of the room.
- Wearing a mask (over your nose) as much as possible.
- Supporting each other to go home/stay home if feeling sick.
- Getting vaccinated again.



# Today's Agenda

- 10:30am: Coffee & networking
- **10:45am:** Welcome and Introductions
- 10:55am: Announcements
- 11:00am: Housing: Emergency & transitional housing for people experiencing homelessness - Myeeka Calhoun
- **11:20am:** Conducting initial assessments *Kenneth Hall*
- 11:40am: Break
- **11:45am:** Community announcements
- **11:55am:** Addressing the needs of undocumented clients of the Latinx community *Carmen Foster*
- **12:15pm:** Breakout group activity
- 12:45pm: Close out and next meeting information
- **12:50pm:** Grab & go lunch available





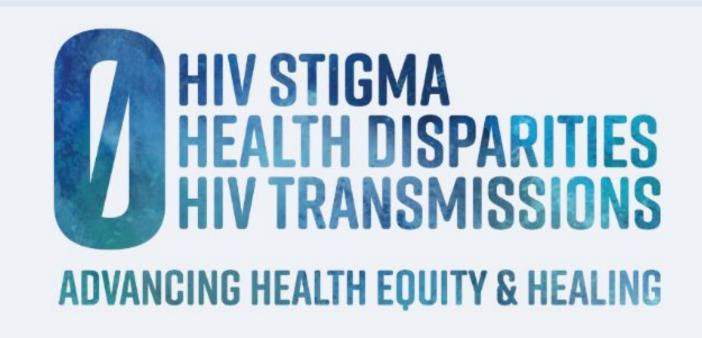
### Name

## Agency





### **East Bay Getting to Zero**



#### Emergency & transitional housing for people experiencing homelessness

Myeeka Calhoun, East Oakland Community Project

Myeeka Calhoun is a community activist, who has worked as a Housing Advocate in Alameda County for over 20+ years. She has been an Advanced Community Health Outreach Worker for people living with HIV within those 20 + years.

Currently, Myeeka is the Case Management Services Manager at East Oakland Community Project- Crossroads Emergency Shelter. She is also a member of the Oakland Transitional Grant Area Planning Council (OTGA).

Myeeka is also a member of the HOPE (Healthy Outcomes for People Everywhere) Coalition, which is focused on working with African-American people experiencing homelessness in Alameda County impacted by HIV, and STIs.

Recently, Myeeka has also become a member of the CAN (Community Advisory Network) facilitated by Family Paths.

### **Initial Assessments**

Kenny Hall, Yvette Flunder Foundation/East Bay Getting to Zero

- How do you establish a relationship with a new client? How do you build rapport?
- How to ask questions that may feel uncomfortable?
- What do you need to know about your client? What questions should you ask?
- What issues are they facing?
- What are their strengths? What are their priorities?
- What information do you need for ARIES/other documentation purposes?

### **Community Announcements**

#### Addressing the needs of undocumented clients of the Latinx community

Carmen Foster, La Clinica de la Raza

Carmen Foster, a dedicated advocate for the Latinx LGBTQAI+ community, serves as the clinic manager of TRUCHA, the HIV services department at La Clinica de la Raza.

Born in Guatemala, Carmen migrated to the US at the age of 14, bringing with her a commitment to serving marginalized communities.

Her journey in HIV advocacy began in 2003 in Orange County, California, where she started as a volunteer at the AIDS Services Foundation, now known as Radiant Health Center.

Carmen's passion and dedication led her to join the HIV team as a case manager and HIV testing counselor. She also played a vital role in organizing a family camp for children and families affected by HIV.

In 2008, Carmen joined TRUCHA at La Clinica and relocated to the Bay Area. Here, she worked tirelessly with the TRUCHA team and the Street Level Health Project to connect day laborers to vital healthcare services. Additionally, carmen served as a clinical health educator at the School Based Health Centers.

Carmen's commitment to advancing HIV research and education led her to collaborate with San Francisco State University and UCSF. Notably, she played a pivotal role in establishing De Colores, a safe space and Latinx youth group focused on HIV prevention education.



# **Breakout Group Activity**

- In your small groups, discuss the following:
  - What were some of the most useful things you learned early in your career?
  - What do you wish you had learned early on in your career?
  - What do new case managers need to know?

In your group, select:

- A note-taker
- A facilitator



# **Upcoming meetings & events**

### **Upcoming Events:**

- East Bay PrEP Navigator Meeting Thurs, Feb 15, 2-3:30pm (virtual)
- EBGTZ Training: Implementing Injectable PrEP: a one day training for clinical teams - Thurs, Feb 29, 10am-3pm
- PAETC Training: Using a trauma-informed care approach in HIV care, Monday, February 26th, 9am-4:30pm
- Next Regional Case Manager meeting Thurs, April 4th, 10:30am-1pm





### Please complete this short evaluation:

