

Struggling with heroin, fentanyl, or pain pills? Alcohol? Meth or cocaine?

We can help today.

Call or text the Bridge Clinic at (510) 545-2765

to talk to a *Substance Use Navigator*

Bridge Clinic Hours:

Monday - Friday 9 am to 5 pm

No appointment needed

OA-1 at Highland Hospital

In crisis? Need urgent help at night or on the weekend?

Come to the Highland Hospital or San Leandro ER 24/7.

- Start Buprenorphine (Suboxone) to get off heroin or fentanyl
- Get medications to help with alcohol or methamphetamine
- Get help for mental health, counseling, or support groups