

# Doxy-PEP

What is  
Doxy-PEP?

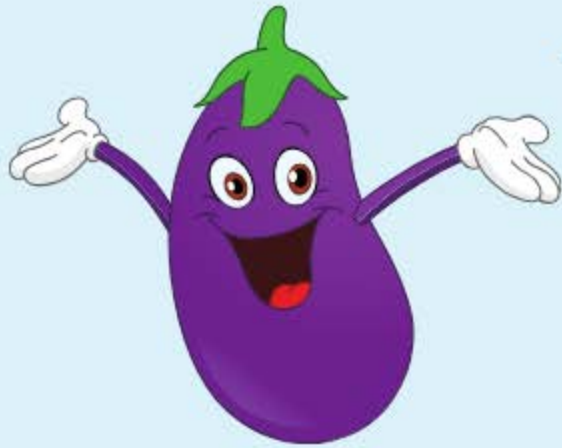


Doxy-PEP is a new way to reduce your risk of getting different sexually transmitted infections (STIs).

Taking 200mg of the antibiotic doxycycline (doxy) after oral or anal sex (not receptive vaginal or frontal sex) reduces your chance of getting gonorrhea, chlamydia, and syphilis.



How well does it work?



Using Doxy-PEP reduces  
**Gonorrhea up to 55%**  
**Syphilis up to 87%**  
**Chlamydia up to 88%**



DoxyPEP does not protect against

mpox  
or  
HIV

Get mpox vaccine!

Still need PrEP,  
HIV-PEP, or U=U to  
prevent HIV  
transmission.

Doxy-PEP does not prevent STIs after receptive vaginal or frontal sex. More studies are needed & this advice may change.



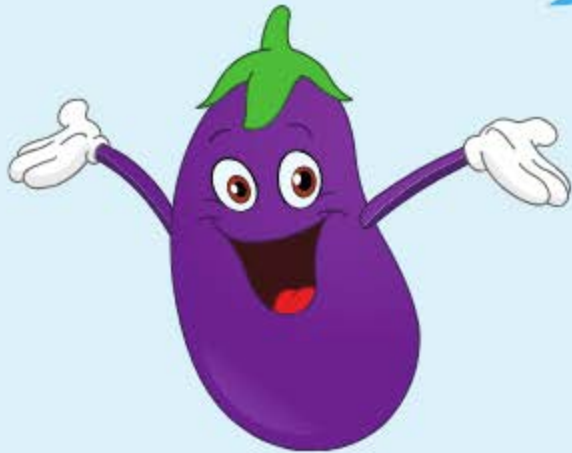
Take 200mg of doxy (usually 2 pills of 100mg) as soon as possible after sex.

**Doxy-PEP works best when taken within 24hrs, but it can still work up to 72hrs after sex.**

How do you use it?



What if you have sex more than once?

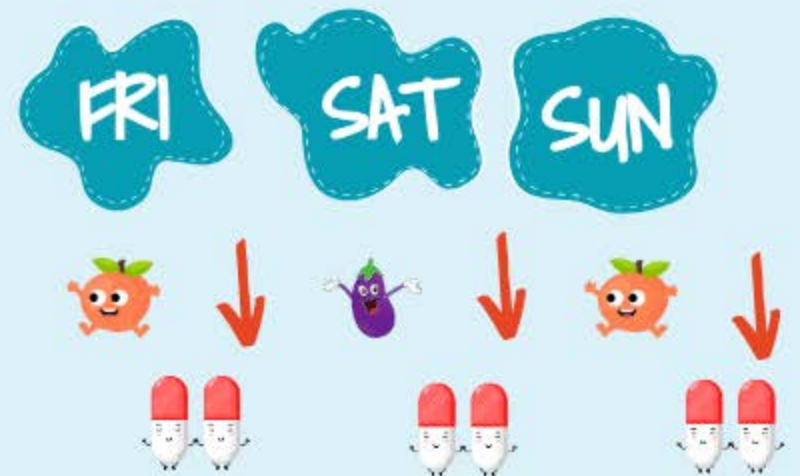
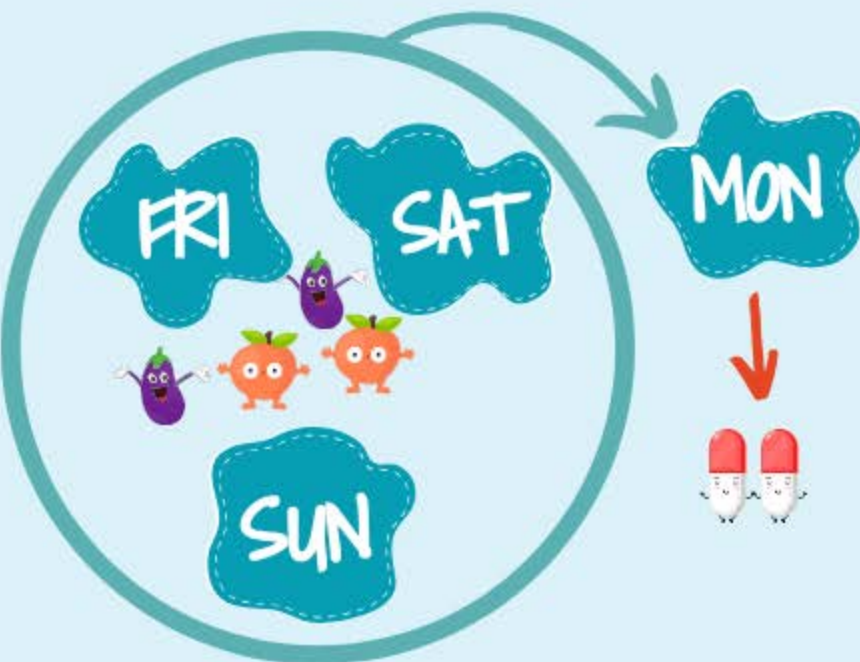


- A 200mg dose of doxy will cover all the sex you had in the last 24 to 72 hours.
- Taking a dose each day after sex is more effective but may have more side effects.

Take 1 dose (200mg) to cover 72hrs

OR

Take 1 dose (200mg) every day after sex



What else do I need to know?



Take with food to prevent nausea. Avoid dairy, calcium, antacids 2hrs before or after taking doxy.



Doxy may make you sensitive to sunlight, so wear sunscreen & limit sun exposure.



If you may be pregnant, talk to your provider before taking doxy.



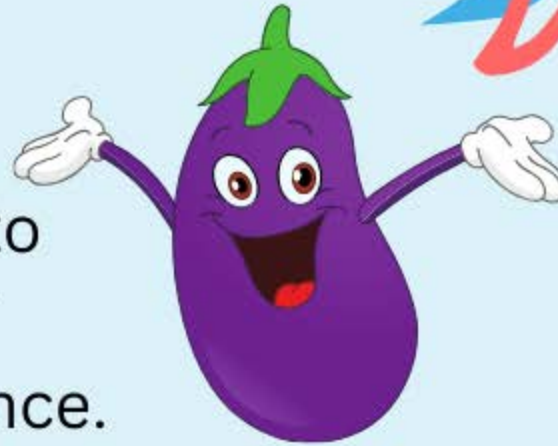
Get tested regularly for STIs. If you get an STI, you still need treatment.



Any more questions?

## What about drug resistance?

More research is needed to understand the impact of Doxy-PEP on drug resistance.



But, so far, **chlamydia & syphilis don't seem to become resistant to doxy.**

Gonorrhea already has some resistance to doxy, so different antibiotics are used to treat it.

Taking doxy every day is common for other health problems (like acne) and is considered to be safe.



## What are the different types of doxy?

There are three equally effective types of doxy:

- Hyclate
- Monohydrate (may be gentler on the stomach)
- Delayed Release (a pricier option but in a single pill)

**Choose the version that you can most easily get.**





Where do you  
get it?



Ask your healthcare provider for Doxy-PEP.

**They might not be aware of this new strategy to  
decrease STIs.**

Doxy-PEP is not FDA-approved.

The recommendation is based on guidelines  
from the National Coalition of STD Directors.

Additional guidelines are expected to be released soon.

<https://www.ncsddc.org/resource/doxy-as-sti-pep-command-center/>

