



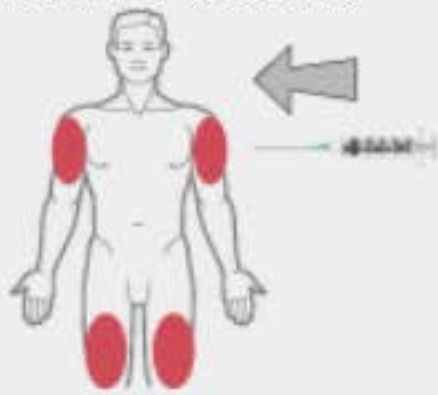
How to give nasal naloxone

Nasal naloxone

- 1** Peel back tab to remove naloxone from packaging. 
- 2** Tilt the person's head back. Insert the tip of the nasal spray into either nostril. 
- 3** Press the plunger firmly to release the dose of nasal naloxone. Remove plunger after dose has been given. 
- 4** If no reaction in 3 minutes, give second dose.

How to give injectable naloxone

Injectable naloxone

- 1** Remove cap from naloxone vial and uncover the needle. 
- 2** Insert needle through rubber plug with vial upside down. Pull back on plunger and take up to 1mL. 
- 3** Inject 1 mL of naloxone into an upper arm, thigh muscle or buttock. 
- 4** If no reaction in 3 minutes, give second dose.

OPIATE OVERDOSE PREVENTION



HEPPAC

**HIV Education and Prevention Project of
Alameda County**

5323 Foothill Blvd
Oakland, CA 9601

**Overdose Prevention Education and
Naloxone Distribution (OPEND) Project**

For questions or to access Narcan

Call 510.434.0307
or
Email info@casasegura.org

Overdose Prevention

Risks & Facts

USE THE BUDDY SYSTEM:

Never use alone.

TOLERANCE CHANGES:

If you haven't used in a few days, weeks or years, your body cannot handle the same amount as before.

START LOW & GO SLOW:

Heroin laced with Fentanyl hits hard and fast.

AVOID MIXING DRUGS:

Try to use one drug at a time or less of each drug.

TEST FOR FENTANYL:

Buy from someone you trust, ALWAYS test your drugs. ANY pill or powder can be laced with Fentanyl.

TRY SNORTING:

Snorting carries less risk for overdose than injecting. If you are injecting make sure you go SLOW.

HAVE A PLAN:

ALWAYS carry Narcan and NEVER use alone.

STAY HEALTHY:

Rest, sleep drink water and eat well.

SIGNS OF AN OPIOID OVERDOSE



CALL 911 IMMEDIATELY!

THEN:



Administer naloxone



1 Breath every 5 Seconds

5 STEPS TO SAVE A LIFE



Narcan will wear off in 30-90 minutes. Do NOT let someone use again. Seek medical attention IMMEDIATELY after overdosing.