

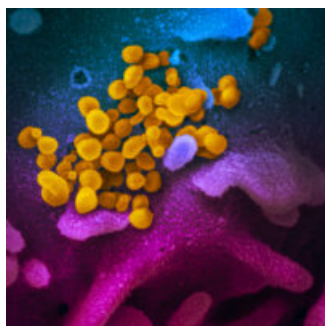
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COVID-19 AND HIV UPDATES

JUNE 16, 2021

[SIGN UP FOR OUR NEWSLETTER HERE](#)

The SARS-CoV-2 virus
(NIAID)

Below are this week's East Bay COVID-19 and HIV updates. This page is usually updated on Wednesday evenings with data and resources gathered from many collaborators in [Alameda County](#), [Contra Costa County](#), [Solano County](#), CA state. [Please click here to share feedback.](#)

[VACCINES](#)[MASKS](#)[GUIDANCE](#)[RESOURCES](#)[ARCHIVES](#)[PDF SUMMARY](#)

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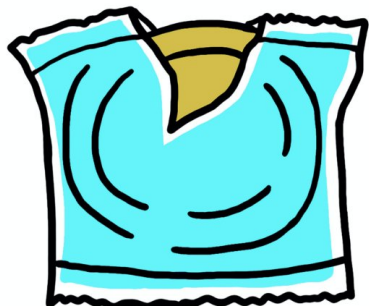
- [Key East Bay COVID-19 updates](#)
- [New vaccine studies, variants and "breakthrough" infections](#)
- [Vaccine access; vaccines for people living with HIV](#)
- [Disparities data and studies](#)
- [Harm reduction and prevention](#)
- [Jobs, funding, training opportunities and other resources](#)
- [COVID testing and other top links](#)

This month we marked the 40th anniversary of the first official CDC [reporting](#) of five cases of what later became known as AIDS. We remember those whom we've lost and honor the brave leadership of people living with HIV. [Please see our tribute](#) to one of our most inspiring, courageous and beloved leaders, Ms. Loren Jones.

Are you ready for an [East Bae Summer](#)?

In partnership with undocumented queer activist [Julio Salgado](#), we are kicking off our [East Bae Love](#) community messaging campaign with some summertime merchandise. T-shirts are coming soon! Help us figure out what other kinds of merch we need for an East Bae Summer, where we should have distribution sites and more. Fill out this [2-minute feedback form](#) to share your thoughts.

We Out here!



EAST BAY GETTING TO ZERO

Julio Salgado '21

East BAE Summer Checklist ☒



GET VAXXED



GET TESTED & TREATED



GET PROTECTED



GET THAT VITAMIN D!

#EASTBAELOVE

Please join us on **June 26, 2021 from 11am-3pm** for a [Community Health and Wellness event](#) in front of the pergola at Lake Merritt in honor of National HIV Testing Day. This event is co-sponsored by LifeLong Medical Care and Oakland LGBTQ Center and held in collaboration with HEPPAC, EBGTZ, Dream Youth Clinic and Roots Community Health Center. Come join us as we kick off the summer with some fun in the sun! [Click here to download a flyer in English and Spanish.](#)

LifeLong Medical Care



HEPPAC



Dream Youth Clinic



ROOTS



Oakland LGBTQ Center

In honor of National HIV Testing Day

Community Health & Wellness Event

Saturday, June 26, 2021 | 11:00am-3:00pm



Join us on Thursday, August 5, 2-3:30 pm to strengthen linkages from the Emergency Department (ED) to PrEP and HIV care, including people who actively use substances. [Please click here for more info and to register.](#)

The International Association of Providers in AIDS Care, IAPAC, has asked that our greater Oakland Fast Track Cities Community Partners complete an [LGBTQ+ survey](#). You can find the LGBTQ+ Health Equity [survey here](#) and [consent form here](#). It is also available in Spanish [here](#) and [consent here](#). The survey results from Oakland and 49 other Fast-Track Cities will be featured in an LGBTQ+ Health Equity Report that will be released at WorldPride 2021 in Copenhagen later this Summer.

Upcoming changes to this webpage:

Thank you for reading our updates over the past year. As our East Bay community gains more vaccine coverage and COVID cases remain low, we will transition this page from weekly to monthly updates starting in July. Major changes in East Bay pandemic response and vaccine access will be posted as they arise, and a more comprehensive monthly update will be posted on third Wednesdays of each month.

EAST BAY COVID-19 UPDATES

On June 15, CA Governor Newsom ended the “stay home order” to reopen California’s activities and economy. [New public health orders](#) effective June 15 end the [Blueprint](#) system, capacity limits on businesses, most distancing requirements, and masking requirements for fully vaccinated people in most settings. Only mega events (5,000+ people indoors or 10,000+ people outdoors) are required by public health orders to check for vaccination or negative tests. Businesses and workplaces can choose to have stricter requirements. [Masks are still required](#) for unvaccinated people in indoor public settings and for everyone in public transport, schools, childcare, healthcare, correctional and shelter settings.

Our updated infographics below now include the new June 15 guidance!

Click to download: [graphic in English](#) | [graphic in Spanish](#) | [PDF in English](#) | [PDF in Spanish](#).

REDUCING THE RISK OF COVID-19 WHEREVER YOU ARE

FULLY VACCINATED
2+ weeks after completing all vaccine doses
WE CAN GET TOGETHER, MASKS OPTIONAL, IN MOST INDOOR and OUTDOOR SETTINGS.
MASKS ARE STILL REQUIRED IN...

- Workplaces and businesses that require masks
- Healthcare settings
- Public transportation
- K-12 schools and childcare
- Shelters
- Jails and prisons

UNVACCINATED

OUTDOORS: LOW RISK
Keep >6 feet distance OR Wear a mask (especially when crowded)

INDOORS: HIGH RISK
Keep >6 feet distance, Wear a double or multilayer mask, Open windows and doors for ventilation

When we get vaccinated, we can do more together! LEARN MORE AT [EBGTZ.ORG/COVID](https://ebgtz.org/covid)

REDUCIENDO EL RIESGO DE COVID-19 DONDE QUIERA QUE ESTÉS

100% VACUNADA/O
2+ semanas después de completar todas las dosis
PODEMOS REUNIRNOS EN LA MAYORÍA DE ENTORNOS INTERIORES Y EXTERIORES, CON LA OPCIÓN DE USAR CUBREBOCAS.
AÚN SE REQUIEREN CUBREBOCAS EN...

- Lugares de trabajo y empresas que requieren cubrebocas
- Entornos sanitarios
- Transporte público
- Escuelas K-12 y cuidado infantil
- Refugios
- Cárceles y prisiones

NO VACUNADA/O

AFUERA: BAJO RIESGO
Mantenga distancia de >6' Utiliza cubrebocas (especialmente en lugares con mucha gente)

ADENTRO: ALTO RIESGO
Mantenga distancia de >6' Utiliza doble cubrebocas, Abre puertas y ventanas para ventilación

¡Cuanto más nos vacunemos, más podremos hacer juntos! PARA MÁS INFORMACIÓN VISITE [EBGTZ.ORG/COVID](https://ebgtz.org/covid)

On June 3, the Bay Area Health Officers met and released [a statement](#) supporting **full-time in-person school** for all grades in the fall of 2021, citing [evidence](#) of safe school reopenings during the pandemic and the fact that case rates in the Bay Area are low, and students ages 12+ are now eligible for vaccines.



Everyone ages 12 and over in the US is eligible for a free COVID-19 vaccine, regardless of insurance and immigration status. Vaccine supply in the East Bay is now plentiful for the three authorized vaccines: Pfizer, Moderna and Johnson & Johnson. Appointments and walk-ups are available the same day at [MyTurn.ca.gov](https://myturn.ca.gov), including the Pfizer vaccine for 12-17-year-olds.

Get a \$50 gift card for getting vaccinated, get free tickets to Six



Flags and a chance to win \$1.5 million, “dream vacations” and other prizes! [Click here to learn more about California’s Vax for the Win](#) \$116.5 million vaccine incentive program, including the \$50 incentive cards for the first 2 million people who get vaccinated starting May 27. Fifteen people, including someone from Alameda County and 17-year-old [Natalie Gutierrez](#) from San Diego, won

\$50,000 cash prizes in the first drawing that took place on June 11.

On June 2, President Biden launched a **“National Month of Action”** to get-out-the-vaccine, involving influencers and door-to-door canvassing, as well as offering free childcare for parents and caregivers while they get their vaccines, free Lyft and Uber rides, and other incentives. [Click here for a summary of COVID-19 vaccine incentives.](#)

From May 24 to July 4, [Uber and Lyft will provide free rides to and from vaccination sites](#). Lyft will offer “ride codes” of up to \$15 for each trip to and from the vaccination site.

On June 2, Alameda County released a [request for proposals](#) due on July 7 for **community-led coalitions to expand vaccine access** and provide comprehensive community engagement.

[Click here for more on vaccine eligibility and how to get one.](#)

The East Bay’s [Alameda](#) and [Contra Costa](#) counties are in the [top 20 highest vaccination rates nationwide](#) among all counties with over 250,000 residents. Both have given at least one vaccine dose over 75% of residents ages 12+ and have fully vaccinated over [65%](#). Alameda County has vaccinated over 1 million people.



While many Bay Area counties have already reached [President Biden’s goal](#) to have 70% of adults in the US get at least one dose by July 4, vaccination rates are uneven across communities and counties. [Solano County’s](#) first-dose vaccination rate for people ages 12+ is 65%.

Disparities in vaccination rates persist for Black and Latinx communities, especially among younger people of color, who’ve already been disproportionately impacted by the pandemic. [An analysis](#) of CDC data published on June 16 shows that in every age category, Black people are dying from COVID at about the same rate as white people more than 10 years older. COVID death rates for Black and Latinx people ages 45-54 are at least 6 times higher than the death rate of white people. [Another study](#) of California deaths found that Latinx Californians ages 20-54 [were 8.5 times more likely than white Californians](#) in that age range to die of COVID.

[Dayna Bowen Matthew](#), author of [Just Medicine: A Cure for Racial Inequality in American Health Care](#), says: “What we politely call a ‘health disparity’ is killing people of color daily. It is causing people of color to live sicker and die quicker, because of the color of their skin.”

To get everyone else eligible vaccinated, we are shifting to smaller community-based sites, schools, health care clinics and mobile vans set up for lower-barrier access. **Let’s get out the vax!**

COVID-19 daily cases and hospitalizations in the Bay Area have decreased substantially and remain at low rates, thanks to people [getting vaccinated](#) and [masking](#). [Worldwide](#), cases declined in May after reaching record levels at the end of April. South America now has the highest rate of new infections in the world, and cases in India are declining from a peak in early May. The spring wave in other parts of the US continues to subside.

Estimated [transmission rates](#) in the Bay Area have been mostly below 1 since mid-April, and are [0.78 across California](#) as of June 15.

As of June 16:

- **[Alameda County](#):**
 - [0.78 transmission rate](#); [3 cases per 100,000 people](#)
 - [79% residents ages 12+ have received at least once vaccine dose \(partially vaccinated\)](#), [65% fully vaccinated](#)
 - [Links to county vaccine updates](#)
- **[Contra Costa County](#):**
 - [1.06 transmission rate](#); [4 cases per 100,000 people](#)
 - [77% of residents ages 12+ partially vaccinated](#), [70% fully vaccinated](#)
 - [Links to county vaccine updates](#) and [what's open](#)
- **[Solano County](#):**
 - [0.76 transmission rate](#); [4 cases per 100,000 people](#)
 - [65% of residents 12+ partially vaccinated](#), [52% fully vaccinated](#)
 - [Links to county vaccine updates](#)

New reported **cases** and **deaths** in the Bay Area, by day



[SF Chronicle, 6/16/21](#): COVID-19 daily cases and deaths in the Bay Area.

Alameda County online event for employers, June 21, 6-7:30 pm: Moving Beyond the Blueprint for a Safer Economy. [Click here to register.](#) [Click here](#) for current county workplace guidance and resources. Livestream for will be available on

**Alameda County
Beyond the Blueprint
Community Update,
available on Zoom and
YouTube Livestream**



June 15th

the [Alameda County YouTube channel](#) and a recording is available for the June 15 community update.



The [Alameda County Council for Age-Friendly Communities](#) has released its [Older Adult Digital Needs Assessment Survey](#). The survey asks about seniors' level of access to internet services and devices, as well as their need for education and training to support their use of the internet. Please help us become a more age-friendly community by distributing the survey to as many of your stakeholders, clients, and community members as possible! Click [here](#) for a toolkit that provides many resources for survey distribution.

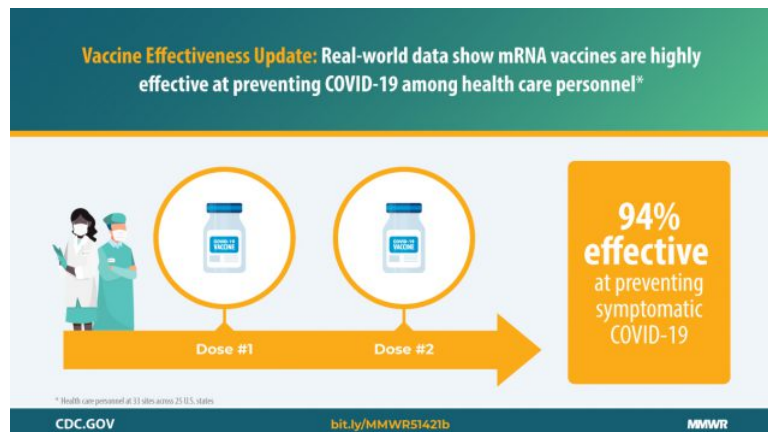
VACCINE STUDIES, VARIANTS AND "BREAKTHROUGH" INFECTIONS

Increasing real-world data shows that COVID vaccines [are safe and highly effective](#) in preventing both asymptomatic and symptomatic infection.

[US CDC data](#) shows high vaccine efficacy against variants in the real-world: A CDC report shows that the proportion of reported vaccine "breakthrough" infections attributed to variants of concern has been similar to the proportion of these variants circulating throughout the US. As of April 30, 101 million people in the US have been fully vaccinated and 10,262 SARS-CoV-2 infections have been reported (0.01% of the fully vaccinated population), including 2,725 asymptomatic cases, 706 hospitalizations with symptomatic COVID-19 (0.0007% of the fully vaccinated population), and 132 died with symptomatic COVID-19 (0.0001%) with a median age of 82 years at the time of death. This translates to 99.999% protection against hospitalization and death from COVID-19 thus far in the fully vaccinated population.

[A pre-print UK study](#) shows a 40-50% reduction in forward transmission in household contacts of "breakthrough" cases among people who received their **first dose** of the Pfizer or AstraZeneca vaccines.

[Updated CDC data](#) shows that a single dose of an mRNA vaccine (Pfizer or Moderna) was 82% effective against symptomatic COVID-19, and 2 doses were 94% effective. Fully vaccinated high-risk frontline workers who were tested weekly [were 90% less likely](#) to get any infection, including asymptomatic infections.



The CDC has reported data showing that the [Pfizer-BioNTech](#) and [Moderna](#) vaccines were found to be **94% effective at preventing hospitalization in fully vaccinated adults 65+** and 64% effective among partially vaccinated adults 65+ starting 2 weeks after the first dose. There was no significant protection within the first 14 days of the first dose, highlighting the importance of continuing masking, distancing and avoiding crowds at least during the 2 weeks following the first dose, and the importance of getting the second mRNA vaccine dose.

On June 14, [Novavax](#) announced that NVX-CoV2373, a protein-based COVID-19 vaccine, demonstrated 100% protection against moderate and severe disease and 90.4% efficacy overall in a study of nearly

30,000 people in the US and Mexico. The company plans to seek authorization for its vaccine in the US, Europe and elsewhere by the end of September and produce 100 million doses by then. This offers the US a fourth highly-effective vaccine option, though most of the first doses [will likely](#) go to low- and middle-income countries.

Durability of immunity: Two new studies, [one in Nature](#) and [one pre-print](#), show that both natural infection and vaccinations induce long-lived T-cell and B-cell responses, which help the body continue to identify the virus and produce antibodies whenever needed. The findings suggest that immunity to COVID-19 likely lasts at least a year, possibly much longer. The B and T-cell responses were stronger among those who were infected *and* vaccinated. Those immune just from vaccination alone may need boosters at some point, though when is still unknown. These findings strengthen the recommendation that all people with past infection also get vaccinated.

[A study on reinfections](#) with COVID-19 results suggest that people who have recovered from COVID-19 have a much lower risk of reinfection (about 15x fewer than new primary infections). Natural immunity appears to be protective for at least a year. However, the study ended before variants were widespread, and it is unknown how well natural immunity to the wild-type virus will protect against variants.

Vaccines for children: [Moderna](#) and [Pfizer](#) have reported data showing that their **COVID-19 vaccine shows 100% efficacy in adolescents ages 12-15**. With 2,260 adolescents participating in their trial, 18 people in the placebo group developed COVID-19 while none in the vaccinated group did. [Blood antibody test data](#) also show high titers of antibody responses in those who were vaccinated. On May 10th the [FDA](#) [authorized use of the Pfizer vaccine for 12-15 year olds](#) and on May 12th, the US Advisory Committee on Immunization Practices (ACIP) [voted to recommend the Pfizer vaccine for 12-15 year olds](#).

Moderna [announced](#) on May 25 that their vaccine is 100% effective for 12-17 year olds in a clinical trial that enrolled 3,732 people ages 12 to 17, two-thirds of whom received two vaccine doses. There were no cases of symptomatic Covid-19 in fully vaccinated adolescents, the company reported. Moderna plans to submit data to the FDA for authorization in early June.

Trials for children ages 6 months to 11 years old have also begun for both [Pfizer](#) and [Moderna](#) vaccines. Based on data from an earlier study that assessed safety, Pfizer will give two doses of 10 micrograms each (a third of the dose given to adolescents and adults) to children ages 5-11 years, and two doses of 3 micrograms each to children ages 6 months to 5 years.

On May 17th, the CDC Vaccine Safety Technical (VaSt) Work Group [released a statement](#) on a **few reports of myocarditis, mostly mild, following mRNA vaccines**. VaST reports that these cases seem to occur mostly in adolescents and young adults, cismales, after the 2nd dose and within 4 days post-vaccination. The rates of myocarditis reports following COVID-19 vaccination have not differed from expected baseline rates. Myocarditis and pericarditis can also be clinical features of COVID-19 infection. Clinicians are asked to evaluate cases of myocarditis and pericarditis with a SARS-CoV-2 test, ask about vaccination history and report cases of myocarditis or pericarditis after vaccination promptly to the U.S. [Vaccine Adverse Events Reporting System \(VAERS\)](#), and continue to encourage COVID-19 vaccination in your patients, as the benefits far outweigh the risks.

Pfizer and Moderna vaccinations in pregnant and lactating people found to be safe so far: [Findings from a study of pregnant participants](#) in the v-safe post-vaccine surveillance system revealed no clear safety

issues from either the Pfizer/BioNTech or Moderna vaccines. 35,691 v-safe participants identified as pregnant, and 3958 participants enrolled in the v-safe pregnancy registry. Calculated proportions of pregnancy and neonatal outcomes appeared similar to incidences published in other peer reviewed literature. These findings add to [data from an ongoing cohort study](#) of pregnant and lactating people which found robust antibody titers in all groups, along with antibodies in umbilical cord blood and breast milk samples.

Variants: The WHO has announced a [new naming system](#) for coronavirus variants using the Greek alphabet. [Variants of concern or interest](#) reported in the East Bay include:

- B117 ("UK"): now called Alpha
- B1351 ("South African"): now Beta
- P1 ("Brazilian"): now Gamma
- B1617 ("Indian"): now Delta
- [B1427/9](#) ("West Coast"): now Epsilon

The Alpha variant is [now the dominant variant](#) here and elsewhere in the US. The Delta variant has very rapidly become a dominant strain in the UK. Approved vaccines are still expected to be effective against serious disease from these variants.

[Updated data on the Delta \(B1617.2 or "Indian"\) variant](#) suggests that this variant has a 2.6 times higher risk of hospitalization compared to the Alpha (B117 or "UK") variant, in addition to being [64% more transmissible](#). [Public Health England](#) has also reported that vaccines are still effective against the Delta variant, though slightly less so. Excellent weekly updates on variants from the UK are [posted here](#). California state [reported 286 cases](#) of the Delta/Kappa variants statewide as of June 9.

So far, the Pfizer-BioNTech vaccine was found to provide 88% protection against Delta variant, a slight drop from the 93% protection given against the Alpha (B117 or "UK") variant. Full vaccination with the Astra-Zeneca vaccine provided 60% protection against Delta variant, versus 66% protection against the Alpha variant. Protection after the first dose was seen to be only 34% thus far. Supporting people to mask up between doses and to get their 2nd doses is crucial.

Remember that viruses mutate when they replicate, and we can slow the rise of COVID-19 variants through masking, distancing and vaccinations.

"Breakthrough" infections: [About 0.0018% of the 139+ million fully vaccinated people](#) in the US have had reported hospitalizations with symptomatic COVID-19, or "vaccine breakthrough" infections through June 9, which translates to a real-world vaccination efficacy rate of 99.998% protection against hospitalization.

In Alameda County, Dr. Donata Nilsen reported that that have been 307 COVID-19 cases reported of "breakthrough" infections as of June 9, and about half were symptomatic. Only 10% of the "breakthrough" infections have been sequenced, and variant analysis is not available. Starting in May, only symptomatic "breakthrough" cases are being reported.

Dr. Nick Moss reported that as of May 26, there have been 2 hospitalizations reported thus far due to COVID-19 among people who are fully vaccinated in Alameda County, both among very old people, and one case which may have been due to pre-vaccination infection. As of May 26, there were 29 cases of

reinfections reported among people previously infected in Alameda County. [Nationwide “breakthrough” case data is available on the CDC website here.](#)

Health care providers are asked to report symptomatic “breakthrough” infections for people who are vaccinated or who previously had COVID-19 to the county public health departments (without a positive RNA PCR or antigen test within the previous 90 days) and send lab specimens for variant sequencing. In Alameda County, send a secure email to COVIDreport@acgov.org with subject line “suspect variant” or fax to (510) 273-3944. To submit respiratory specimens to the county lab for sequencing, call 510-382-4300, email at acphl@acgov.org, or download the submittal form from the [ACPHL website](#).

People needing medical care for any condition are encouraged to seek care as our clinics and hospitals remain open with strict safety protocols to take care of all people.

WHAT’S UP WITH COVID VACCINES?

Updated June 16, 2021

Everyone ages 12 and over is eligible for a free COVID-19 vaccine, regardless of insurance and immigration status.

Vaccines are plentiful and widely available in the East Bay. Appointments and walk-ups are available the same day at many sites, including for the Pfizer vaccine for 12-17 year olds. Pfizer, Moderna and Johnson & Johnson vaccines are all available. Get a vaccine today at [MyTurn.ca.gov](https://myturn.ca.gov) or with your [medical provider](#)!



Get a \$50 gift card for getting vaccinated, free tickets to Six Flags, and a chance to win \$1.5 million and other prizes!

California announced its [Vax for the Win](#) \$116.5 million vaccine incentive program, including the \$50 incentive cards for the first 2 million people who get vaccinated starting May 27.

[Click here for a summary of national COVID-19 vaccine incentives.](#) The “National Month of Action” launched on June 2, offering free childcare for parents and caregivers while they get their vaccines, free Lyft and Uber rides, discounts and gift cards at stores, restaurants and other incentives.

HOW DO WE GET A COVID VACCINE?

1. Check for an available appointment or walk-up site hours:

- Go to [MyTurn.ca.gov](https://myturn.ca.gov) or call 833-422-4255 to make appointments at public sites and

pharmacies across California.

- Or go to your [medical provider](#)'s website (click for: [Kaiser](#), [Sutter](#), [Stanford](#), [Children's Oakland](#)) or call them. [Click for community health center links below.](#)
- Additional options: see phone numbers below.
 - Check [county vaccine sites](#): [Alameda County](#), [Contra Costa County](#), [Solano County](#)
 - Check [community pop-up sites](#) and [Oakland school sites](#)
 - Check [VaccinateCA](#), which has a nice search map
 - Check the [Vaccines.gov national vaccine finder](#) for appointments across the US
 - Text your Zip code to 438829 to get numbers and links for vaccines.

2. When you go to your vaccine appointment, bring:

- A photo ID (does not have to be government-issued)
- Appointment confirmation, if not walking up (printed or on phone)
- A mask.

3. For people under 18, there are several ways to provide consent:

- Online registration: parent/guardian checks consent box
- Drop-in/walk-up:
 - Parent/guardian comes and gives consent in-person
 - Parent/guardian gives consent on phone or video
 - Youth brings in paper form signed by parent/guardian. [Click here](#) to download the parent/guardian consent form for Alameda County.

VACCINE PHONE LINES:

- [Alameda County](#): 510-208-4VAX or 510-208-4829 (English, Español, 中文)
- [Contra Costa County](#): 833-829-2626
- [Solano County](#): 707-784-8988
- [California state's MyTurn vaccine line](#): 833-422-4255

MORE VACCINE INFO – JUMP TO:

- [Transportation resources and vaccines for home-bound people](#)
- [Links to medical providers, community pop-ups, county sites](#)
- [J&J vaccine updates and additional information on vaccines](#)
- [Vaccines for people living with HIV](#)
- [What you can do when you're fully vaccinated](#)
- [Resources in multiple languages and Frequently Asked Questions](#)
- [Community spotlights: East Bay vaccine testimonials](#)

IF YOU NEED HELP WITH TRANSPORTATION OR ARE HOME-BOUND:

- From May 24 to July 4, [Uber and Lyft will provide free rides to and from vaccination sites.](#) Lyft will offer "ride codes" of up to \$15 for each trip to and from the vaccination site.
- Go to [MyTurn.ca.gov](#) and click on "yes" under "I need help with transportation" when you register.

- [Click here for an overview of paratransit options in Alameda County](#).
 - [East Bay Paratransit](#) is now offering transportation to and from vaccination sites and a briefer, streamlined eligibility process to apply for services. [Click here](#) or call 510-287-5000 for more information.
 - **Home-bound people in Alameda County:** to sign up for in-home vaccination, please complete the vaccine registration form [on this webpage](#). If you are not able to use the internet form, please call 510-208-4829. Alameda County began home vaccinations on April 26.
 - **Home-bound people in Contra Costa County:** [request a home vaccination](#) from the mobile team.
-

VACCINES THROUGH MEDICAL PROVIDERS:

- [Kaiser members](#)
 - [Sutter members](#)
 - [Stanford Health members](#)
 - [UCSF Benioff Children's Hospital Oakland](#): for all community members ages 12-24
 - Open to everyone ages 12-24, even if they are not members
 - 744 52nd St., Oakland, CA 94609
 - Call (415) 514-1196, Monday to Saturday, 7 a.m. to 7 p.m., and Sunday from 8 a.m. to 5 p.m.
 - All callers should choose option 2 and stay on the line to speak with an operator, who will schedule an appointment
 - No proof of eligibility will be required.
 - Many **community health centers** are providing vaccine appointments for all community members:
 - [Alameda Health Systems](#)
 - [Asian Health Services](#)
 - [Axis Community Health](#)
 - [Bay Area Community Health](#)
 - [La Clínica](#)
 - [LifeLong Medical Care](#)
 - [Native American Health](#)
 - [Roots Community Health Center](#)
 - [Tiburcio Vasquez Health Center](#)
 - [West Oakland Health](#)
-

VACCINES THROUGH PHARMACIES:

- [CVS pharmacies](#)
 - [Rite Aid pharmacies](#)
 - [Walgreens pharmacies](#)
 - [Lucky and Save Mart pharmacies](#)
-

VACCINES THROUGH COMMUNITY POP-UPS:

- **Juneteenth Community Vaccination and Testing Event at Youth Uprising and Castlemont High School:** June 19 from 9:30 AM – 4 PM, at 8711 MacArthur Blvd.
 - For people ages 12 and older + live and/or work in Alameda county.
 - Walk-ins are fine, and filling out the form is helpful: [link to register](#).
- **Oakland school site pop-ups** and other sites for 12+
- **Umoja Vaccine: United in Health Oakland:** see flyer
 - Hotline: call 1-888-763-0007 and leave a phone number.
- **Fremont High School:** Located at 4610 Foothill Blvd, Oakland, CA 94601. Hours of operation are Thursday, Friday, and Saturday 8 am-4 pm. To make an appointment call (510) 208-4829.
- **Unity Council in the Fruitvale, East Oakland**

UMOJA HEALTH

COVID-19 FREE TESTING & VACCINATION DATES


Umoja Health efforts are focused on engaging and uplifting the Black/African American community. We are also dedicated to serving those in the zip codes hit hardest by COVID-19. Find us in your neighborhood at one of our pop-up events.

WEEKLY LOCATIONS:

Thursdays at Center of Hope
8411 MacArthur Blvd
10:30-2:30pm

Fridays at CHORI
750 Aileen Street
9:30-130p

CATCH US AT OUR NEXT POP-UP!



June 19th, 2021
9:30am-4:00pm
8711 MacArthur Blvd

Find out about our next Pop Up testing AND Vaccine dates at www.unitedinhealthoakland.org

Es su turno

Vacuna COVID-19 Gratis
Para Residentes del Condado de Alameda



Bienvenidos Con Cita y Sin Cita

Disponible Aquí: Vacuna Moderna para mayores de 18 años
Para Residentes de Alameda County

Escuela Fremont High Gym

High Street & Ygnacio Avenue, Oakland, CA 94601



Horas de Operación

Jueves 8am-4pm
Viernes 8am-4pm
Sábado 8am-4pm

Enlace Para Hacer Cita:

bit.ly/AICoSignUp
510-208-4VAX, 510-208-4829



ALAMEDA COUNTY HEALTH CARE SERVICES AGENCY
PUBLIC HEALTH DEPARTMENT
@Dare2BWell



OAKLAND UNIFIED SCHOOL DISTRICT
Community Schools, Thriving Students



ver: 4-7-2021

It's your turn

Free COVID-19 Vaccine
For Alameda County Residents



Appointments & Drop-Ins

Available Here:

Moderna vaccine for 18 years and older
Alameda County Residents

Fremont High School Gym

High Street & Ygnacio Avenue, Oakland, CA 94601
(Close to Foothill Blvd. · ADA Accessible · Check Street Sweeping)



Hours of Operation

Thursday 8am-4pm
Friday 8am-4pm
Saturday 8am-4pm

To book an appointment:

bit.ly/AICoSignUp
510-208-4VAX, 510-208-4829



ALAMEDA COUNTY HEALTH CARE SERVICES AGENCY
PUBLIC HEALTH DEPARTMENT
@Dare2BWell



OAKLAND UNIFIED SCHOOL DISTRICT
Community Schools, Thriving Students



ver: 4-7-2021

VACCINES THROUGH COUNTY VACCINATION SITES:

- **Alameda County** COVID-19 vaccine access
 - Get an appointment: bit.ly/AlCoSignUp
 - Getting a Vaccine in Alameda County flyer (5/20/2021): [English](#) | [Spanish](#) | [Arabic](#) | [Chinese \(Simplified\)](#) | [Vietnamese](#)
 - [Vaccinations for people experiencing homelessness](#)
 - [Vaccinations for youth](#)
 - [Kaiser](#), [Sutter](#), and [Stanford](#) get their own supply, so check with them separately.
- **Contra Costa County** COVID-19 vaccine access
 - [Walk-in sites \(no appointment required\)](#)
 - [Click here to make an appointment](#) or call 1-833-829-2626.
 - To bring equity-related concerns to Contra Costa County's attention, [click here](#).
- **Solano County** vaccine access
 - Please [click here](#) and scroll down for vaccine sites.




Vaccines are now readily available with plentiful supply with choices for the Pfizer, Moderna or J&J vaccines.

WHAT VACCINES ARE CURRENTLY AVAILABLE?

We have three authorized vaccines available: the Pfizer and Moderna two-dose vaccines and the Johnson & Johnson's (J&J) one-dose vaccine. All three authorized vaccines are highly protective, especially against severe disease, and nearly 100% effective against hospitalization and death.

- **See how the authorized vaccines work:** download PDF infographics from the CDC –
 - How the Pfizer and Moderna mRNA vaccines work: in [English](#) and [Spanish](#).
 - How the J&J viral vector vaccines work: in [English](#) and [Spanish](#).

Here is an infographic from Alameda County showing the 3 available vaccines. Clinical trials show that they are all safe and highly effective.

	Pfizer	Moderna	Johnson & Johnson
Safe and effective for ages	 16+	 18+	 18+
Protection against death & hospitalizations	100% after 2nd dose	100% after 2nd dose	100% after single dose
Effectiveness	95% effective at preventing COVID-19 illness 1 week after 2nd dose	94% effective at preventing COVID-19 illness 2 weeks after 2nd dose	77% effective at preventing severe or critical COVID-19 after 2 weeks, increasing to 85% after 4 weeks
Doses needed	2 2nd dose is 3 weeks after 1st dose	2 2nd dose is 4 weeks after 1st dose	1 2nd dose not needed
Potential side effects	Injection site pain, fatigue, headache, muscle pain, joint pain, chills, fever	Injection site pain, fatigue, headache, muscle pain, joint pain	Injection site pain, fatigue, headache, muscle pain
Causes COVID-19 or changes genetic material	No	No	No
COVID-19 vaccine type	mRNA	mRNA	viral vector
Please Note: <ul style="list-style-type: none">• These vaccines have NOT been compared in head-to-head studies. All three were developed and tested at different times and in different environments during the pandemic.			

- and in different environments during the pandemic.
- mRNA vaccines use harmless genetic material (mRNA) that instruct the body to generate an immune response to COVID-19.
- Viral vector vaccines use a harmless modified version of a non-COVID-19 virus to generate an immune response.

ALAMEDA COUNTY HEALTH CARE SERVICES AGENCY



Alameda County
Health Care Services Agency



Alameda County Public Health Department
Celebrating Healthy People in Healthy Communities

Johnson & Johnson vaccines and blood clots:

The CDC has recommended to resume vaccinations with the Johnson & Johnson (J&J) vaccine for people ages 18+ because the benefits far outweigh the risks of rare blood clots.

Meeting slides and data updates discussed at the April 23rd CDC Advisory Committee on Immunization Practices (ACIP) meeting [can be downloaded here](#).

Read [CDC updated questions and answers on the J&J vaccine here](#) and the [detailed CDC process, analysis and recommendations on the J&J vaccine here](#).

[Click here for J&J updates from California state](#) and fact sheets in multiple languages.

CLICK HERE FOR MORE INFO ON THE J&J VACCINE AND CLINICAL GUIDANCE

Vaccines for ages 12-17: Currently only the [Pfizer](#) vaccine is approved for use in people ages 12-17. The Moderna and Johnson & Johnson vaccines are approved in people ages 18 and over. Moderna [announced](#) on May 25 that their vaccine is 100% effective for 12-17 year olds in a clinical trial that enrolled 3,732 people ages 12 to 17. Moderna plans to submit data to the FDA for authorization in June. Pfizer plans to submit data and an authorization request for children ages 2-11 in September.

PEOPLE LIVING WITH HIV AND COVID-19 VACCINES

All people living with HIV (PLWH) are recommended to get the COVID-19 vaccine. The approved vaccines are not live vaccines and are considered safe for people living with HIV regardless of CD4 count. There is [data](#) showing that people living with HIV and CD4 counts less than 200 may have greater risk for hospitalizations and death, so consider prioritizing outreach, education and vaccinations for this potentially more-at-risk group.

Should we check for immunity after vaccination? [The FDA](#) does not currently recommend checking for SARS-Cov2 antibodies after COVID-19 vaccination since current antibody tests have not been evaluated to assess level of protection from vaccination.

Resources for PLWH and COVID-19 vaccines: [UNAIDS infosheet on COVID-19 vaccines and HIV](#), [Clinical FAQs with Dr. Paul Sax at Harvard and The New England Journal of Medicine](#), [Clinical FAQs for people living with HIV from HIVMA \(PDF\)](#), [Guidance for talking with patients and FAQs for PLWH from Alameda Health Systems \(PDF\)](#).

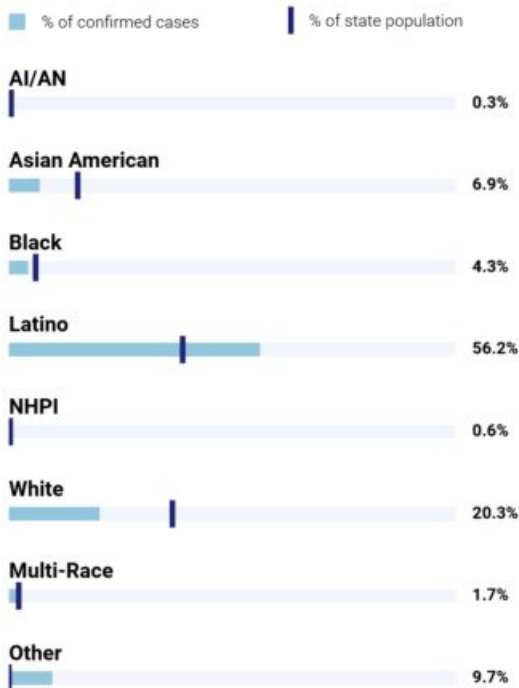
HELP THE VACCINE ROLL-OUT EFFORT!

- **Health care clinics and organizations** are encouraged to [enroll in CalVax](#) to become vaccinators.
- **To volunteer** at a county vaccination site, [please register here](#).
- **To volunteer** at a state MyTurn vaccination site, [please register here](#).

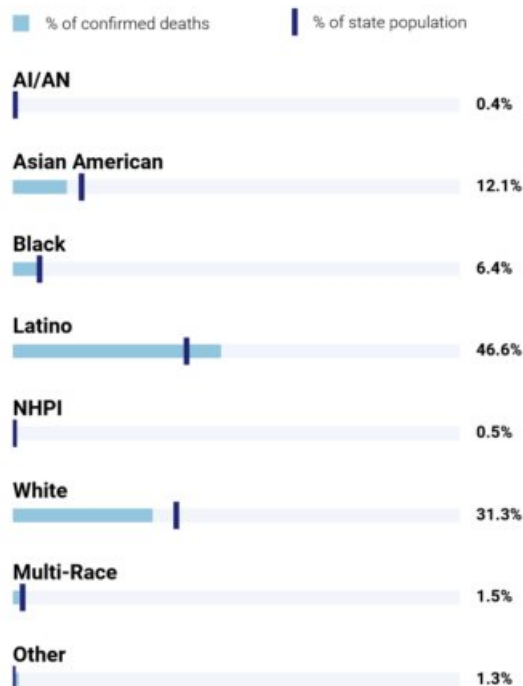
MORE VACCINE RESOURCES

DISPARITIES DATA AND STUDIES

Confirmed cases by race and ethnicity in California



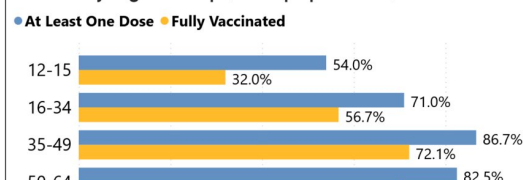
Confirmed deaths by race and ethnicity in California



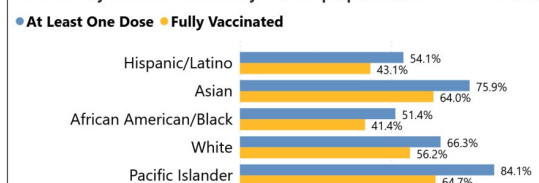
Updated June 16, 2021 with data from June 15, 2021. Note: Percentages may not add up to 100% due to rounding. "Other" race and ethnicity means those who do not fall under any listed race or ethnicity.

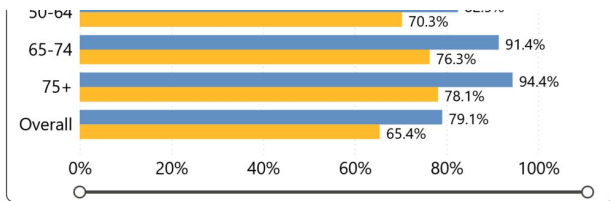
[CDPH CA State COVID-19 dashboard](#) June 16, 2021: Latinx and Black/African American Californians continue to be disproportionately impacted by COVID-19.

Doses by Age Group (% of population)

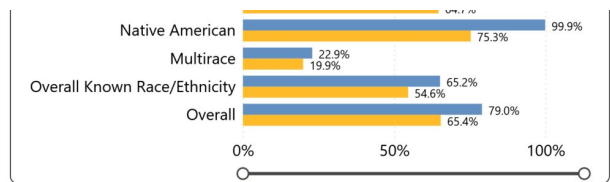


Doses by Race/Ethnicity (% of population >= 12 Years)





Alameda County vaccination rates by age and race/ethnicity as of June 16 show that Alameda County resident under age 35 are less likely to be vaccinated compared to older residents.



Black/African American and Latinx residents are less likely to have been vaccinated compared to White, API or Native American residents.

The latest KFF **COVID vaccine survey** from late May reports that “Unvaccinated adults vary from vaccinated adults in that they tend to be younger, people of color, Republican-leaning, and less-educated. But unvaccinated isn’t an entirely uniform group, with significant differences by intention. Adults who want to “wait and see” before getting vaccinated are more likely to be young and people of color, while those in the “definitely not” group are more significantly Republican-leaning and in rural areas.”

La Clínica has new videos on COVID vaccines in [Mayan Mam](#) and in [Spanish](#).

New vaccine equity guidance shared by the CDC HIV prevention division: [Click to download](#)

- [COVID-19 Vaccine Equity: Best Practices for Community and Faith-based Organizations](#)
- [A Guide for Community Partners](#) includes strategies, interventions, and ready-made messages and materials.
- [Toolkit for Correctional and Detention Facilities](#)

HARM REDUCTION TIPS AND RESOURCES

[CLICK HERE FOR DETAILS ON WHAT FULLY VACCINATED PEOPLE CAN DO](#)

[CLICK HERE FOR INFO ON DOUBLE-MASKING](#)

Our [COVID harm reduction infographics](#) now include the **June 15 California state reopening guidance**!

Click to download: [graphic in English](#) | [graphic in Spanish](#) | [PDF in English](#) | [PDF in Spanish](#).

REDUCING THE RISK OF COVID-19 WHEREVER YOU ARE

FULLY VACCINATED

2+ weeks after completing all vaccine doses
WE CAN GET TOGETHER, MASKS OPTIONAL, IN MOST INDOOR and OUTDOOR SETTINGS.

MASKS ARE STILL REQUIRED IN...

- Workplaces and businesses that require masks
- Healthcare settings
- Public transportation
- K-12 schools and childcare
- Shelters
- Jails and prisons

UNVACCINATED

OUTDOORS: LOW RISK

Keep >6 feet distance OR Wear a mask (especially when crowded)

INDOORS: HIGH RISK

Keep >6 feet distance, Wear a double or multilayer mask, Open windows and doors for ventilation

When we get vaccinated, we can do more together! [LEARN MORE AT EBGZ.ORG/COVID](#)

REDUCIENDO EL RIESGO DE COVID-19 DONDE QUIERA QUE ESTÉS

100% VACUNADA/O

2+ semanas después de completar todas las dosis
PODEMOS REUNIRNOS EN LA MAYORÍA DE ENTORNOS INTERIORES Y EXTERIORES, CON LA OPCIÓN DE USAR CUBREBOCAS.

AÚN SE REQUIEREN CUBREBOCAS EN...

- Lugares de trabajo y empresas que requieren cubrebocas
- Entornos sanitarios
- Transporte público
- Escuelas K-12 y cuidado infantil
- Refugios
- Cárceles y prisiones

NO VACUNADA/O

AFUERA: BAJO RIESGO

Mantenga distancia de >6', Utiliza cubrebocas (especialmente en lugares con mucha gente)

ADENTRO: ALTO RIESGO

Mantenga distancia de >6', Utiliza doble cubrebocas, Abre puertas y ventanas para ventilación

¡Cuanto más nos vacunemos, más podremos hacer juntos! [PARA MÁS INFORMACIÓN VISITE EBGZ.ORG/COVID](#)

The SF Community Clinic Consortium developed [this HIV clinic reopening guidance document](#) which clinic teams might find helpful around specific considerations for PLWH.

Free COVID testing sites: [Click here for Alameda County](#), [Contra Costa County](#) and [Solano County testing sites](#).

OTHER UPDATES AND OPPORTUNITIES:

Updated June 16th, 2021

Job opportunities:

Lifelong Medical Care is recruiting for an HIV PrEP

Navigator to facilitate the initiation of PrEP, comprehensive HIV/STI Health Education, HIV counseling and testing services in Alameda County. Learn more about the position [here](#). If you are interested in this position, please submit resumes to Keshia Lynch, HIV Program Manager at klynch@lifelongmedical.org.

Health Outreach Partners is hiring an Administrative Program Coordinator. This is a full-time administrative position supporting our program team of public health professionals. Health Outreach Partners is a small community based organization that supports community health centers nationwide. Learn more about the position [here](#).

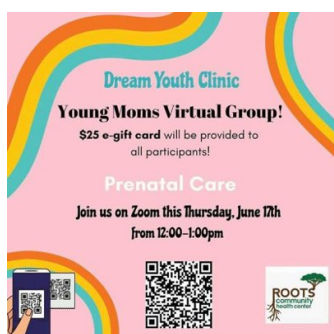
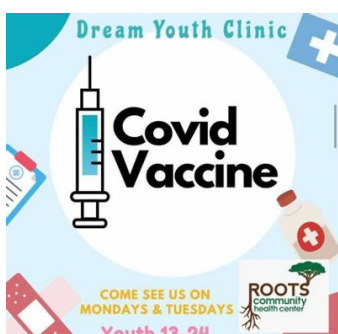
Youth Opportunities:

COVID-19 harm reduction strategies: Use as many of these as you can!

Strategy	% reduction
1. Vaccination	95% mRNA EUA vaccines
2. Masking	60-95%
3. Staying outdoors	~95% in one case series
4. Distancing	53-88%
5. Eye protection	78%
6. Hand hygiene	28-45%
7. Testing/isolation	33%

Updated 12.23.20 * Data compiled by Sophy S. Wong, MD
Icons by Good Ware, Freepik and Strip on Flaticon.com
Please see [EBGTZ.org/resources](https://ebgtz.org/resources) for the complete list of sources for this table.

Our **summary of COVID prevention research** is constantly updated with new studies.



• Updates from Dream Youth Clinic:

- Beginning the week of June 14th, Dream Youth Clinics will have the Pfizer Covid vaccine available for youth 13-24 at **Dreamcatcher on Mondays 1-5pm** and **Covenant House on Tuesdays 1-5pm**. If you have youth that are interested in receiving the vaccine, please give us a call for an appointment (510) 839-0939 X3 or have them drop-in during these clinic times. Please note: All unsheltered youth are able to

independently consent to receive their vaccine. Any youth living with a parent or guardian will need their adult caregiver's consent to be vaccinated. Consent forms will be provided at the Dream Youth Clinics.

- Dream's Young Mom's Group is meeting tomorrow, Thursday 6/17 from 12-1pm. Scan the QR code in the image for more information.
- Dream Youth Clinic is looking for youth leaders to join their team. DM them on Instagram (@dreamyouthclinic) for more details.
- **Sentient Research** is currently recruiting youth involved in juvenile justice systems to participate in focus groups about goals, social networks, and general knowledge of family planning. Each participant will receive \$50 for a one-hour Zoom focus group. Results will be used to develop innovative new reproductive health programs for youth involved in juvenile justice. They are particularly looking for **young fathers and young non-parent women** involved in Juvenile Justice. Participants must range in age from 15-21. Parental/Guardian consent is required for those 17 and under. If you have interested youth or would like to know more, please email bria@sentientresearch.net.

Internships, Fellowships and more

NOW RECRUITING!

California Public Health Corps (CA-PHC) Training & Pathways Program

The California Public Health Corps (CA-PHC) Training and Pathways Program is a **two-year, paid, training and worksite placement program** for early-career public health professionals to work at **Local Health Jurisdiction (LHJ) Host Sites**. Trainees of the program will receive intensive training prior to starting their assignments, and will conduct communicable disease intervention, community engagement, and emergency response activities.



WHY APPLY?

Trainees receive:

- **Two-year contracted position** with competitive salary and benefits
- **Training + support** needed to advance a career in public health
- **Experience** in public health service delivery
- **Opportunities** to build a network of colleagues, mentors, & friends

WHO IS ELIGIBLE TO APPLY?

Interested applicants must meet **ONE** of the following criteria:

- (A) **At least six months** of full-time communicable disease control experience, **OR**
- (B) **At least one year** of full-time health and human services experience, **OR**
- (C) **A bachelor's degree**

APPLICATIONS OPEN SOON!



In the meantime:

- Gather application materials (Resume/CV + Cover Letter)
- Identify two professional references
- Fill out this [FORM](#) to be notified when the application opens



FOR MORE INFORMATION, VISIT THE CA-PHC [WEBPAGE](#).



Fielding
School of Public Health



california
CONNECTED



- **UCSF** is part of an innovative new program that is designed to train the next generation of public health workers in California. The **California Public Health Corps Training and Pathways Program** is 2-year paid, training and worksite placement program for early-career public health professionals to work at CA Local Health Jurisdictions (LHJ) host sites. Trainees of the program will receive intensive training prior to starting their assignments, and will conduct communicable disease intervention, community engagement, and emergency response activities. Interested applicants should complete [this form](#) to be notified when the application is open and receive other program updates. Visit [this page](#) for more details about the program.
- **The Racial Equity Collaborative for Drug User Health** (the Collaborative) is a pilot program developed by the National Alliance for State and Territorial AIDS Directors (NASTAD). The program intends to create a supportive space for cross-career stage and cross-sector Black, Indigenous, and other People Color (BIPOC)* navigating the landscape of governmental, nonprofit, research, and philanthropic fields that support the health of people who use drugs. Applications are due on June 21, 2021 at 12:00 PM ET. Learn more about the opportunity [here](#). The Application can be found [here](#).

Events (Virtual & in-person)

Free HIV Testing!

**2ND & 4TH TUESDAYS
2:00PM-7:00PM**

2118 WILLOW PASS
RD, SUITE 500
CONCORD, CA 94520

(925) 692 0090
ext. 714

christian@rainbowcc.org

bella.aldama.pr

**GET TESTED TODAY!
IT IS FAST FREE**

¡Pruebas gratis de VIH, Gonorrea y Clamidia!

Es rápido y confidencial!

**2DO Y 4TO MARTES
ENTRE 2PM-7PM
2118 WILLOW PASS
RD #500
CONCORD CA, 94520**

PARA MAS INFORMACION:
(925) 692 0090
EXT. 714

CHRISTIAN@RAINBOWCC.ORG

@ARMANDOTH_



Rainbow Community Center is offering free HIV Testing on the 2nd and 4th Tuesday of the month. For more information, call (925) 692-0090 x714.



News from **Oakland LGBTQ Center**:

- A new social circle created for Black trans women by Black trans women, that focuses on empowerment and holistic health that includes; mental health support, access to gender affirming healthcare, emergency housing/rental subsidies, transportation assistance, and other wellness and supportive services. Every 3rd Thursday starting June 17th at 5:30pm. For more information please contact Kayla Moore between at kayla@oaklandlgbtqcenter.org
- Power X is a Latino /Latinx Affinity group designed to meet the wellness needs of men/trans men around the bay area. Group meetings will take place twice per month (once in English and once in Spanish). For more info, [click here](#).
- #OUT4MENTALHEALTH is a discussion of Intergenerational Mental Health & Alternative Forms Of Healing. The event will take place on Thursday, June 17th at 5pm. Register [here](#).

Alameda County Care Connect's upcoming offerings include:

Public Benefits: June 22nd from 10am–12pm. Public Benefit programs are critical to our clients, however, the application process can be daunting to clients and service providers. In this training we will discuss the ins-and-outs of the major County, State and Federal benefit programs and how to connect your clients to the benefits for which they are entitled. Register [here](#).

Plain Language Works! June 29th from 10-10:30am. Plain Language is an accessible way of communicating that helps people better understand your messaging. Plain Language is inclusive, clear and welcoming. Learn common tips and tools about how to use plain language. Register [here](#).

Social Determinants of Health: July 27th from 10am-12pm. This interactive two-hour virtual training will examine factors in which people are born, work, live, play, pray and age known as social determinants of health (SDH). Participants will examine social and structural factors like

racism, gender identity, economic status, housing, education that impact clients and communities in accessing care services. Register [here](#).

Other information and resources:

The International Association of Providers in AIDS Care, IAPAC, has asked that our greater Oakland Fast Track Cities Community Partners complete the LGBTQ+ survey. You can find the LGBTQ+ Health Equity Survey [here](#). It is also available in Spanish [here](#). The survey results from Oakland and 49 other Fast-Track Cities will be featured in an LGBTQ+ Health Equity Report that will be released at WorldPride 2021 in Copenhagen later this Summer.

California Department of Public Health's Office of AIDS June newsletter is available now. Access it [here](#).

HIV services during COVID-19: [Click here for Contra Costa HIV services](#) and [see our online directory for Alameda County HIV services](#).

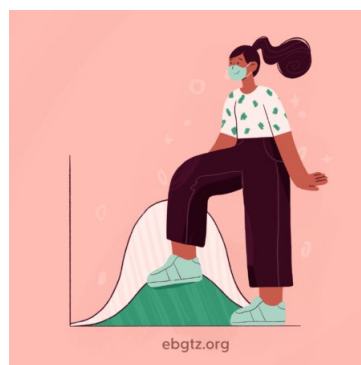
If your organization is in Alameda County and needs COVID-related supplies or staffing, please go to the [Emergency Medical Services website](#) to [request PPE and testing supplies](#) and [request staffing](#).

Please follow and share our [Instagram](#), [Facebook](#) and [Twitter](#) accounts.

A note about this webpage: COVID and HIV practice-changing updates will be posted on this page, with comprehensive updates posted monthly, usually on third Wednesdays. New studies will be continuously added to our summary of [COVID-19 harm reduction strategies](#). The emailed [HIV+COVID-19 update newsletters](#) are sent monthly on third Wednesdays.

Official Alameda County COVID-19 updates are accessible on the [county website](#). You can sign up to receive the Alameda County weekly COVID-19 newsletter by emailing Jamie.Yee@acgov.org.

[CLICK HERE FOR ALAMEDA COUNTY WEEKLY NEWSLETTERS](#)



TOP LINKS:

- **COVID Vaccines:** [Alameda County](#), [Contra Costa County](#), [Solano County](#), [California State](#), [CA vaccine progress tracker](#)
- **COVID Vaccine Myths and Facts and FAQs** in English, Español, 中文, and Arabic and **Questions & Answers**
- **COVID vaccine safety updates** (CDC)
- **COVID testing:** locations in the [Bay Area](#); [Alameda County](#), [Contra Costa County](#), [Solano County](#); [CDC](#)

[guidance on home testing](#).

- **Phone numbers/Centro de llamadas:** Contra Costa County- [\(844\) 729-8410](#), Solano County- 707-784-8988, Alameda County vaccine line in English, Spanish, Mandarin for those who cannot navigate the internet: 510-208-4VAX or 510-208-4829
- **COVID supports** (food, housing, stipends, etc.): [Alameda County resources and ARCH isolation stipends](#), [Contra Costa County](#), [Solano County](#)
- **Public Health Department updates:** [Alameda County](#), [Contra Costa County](#), [Solano County](#), [California State](#)
- **What's open:** [Alameda County](#), [Contra Costa County](#), [Solano County](#), [California State](#) and [CA rules on reopening](#)
- **COVID data:** [Alameda County](#), [Contra Costa County](#), [Solano County](#), [California State](#), [California \(SF Chronicle\)](#), [US \(CDC\)](#), [US by race \(CDC\)](#), [National/Global \(JHU\)](#). **Variants:** [in the US \(CDC\)](#) and [in California](#).
- **Maximizing mask protection:** [CDC guidance](#), [EBGTZ mask videos](#), [guidance and resources](#)
- **COVID PPE, staffing or testing supplies:** [Alameda County EMS- request PPE](#), [request staffing](#) or [request testing supplies](#).
- **HIV:** [FAQs for people living with HIV \(PLWH\)](#) and [Preguntas Frecuentes in Spanish](#), [Guidance for PLWH \(CDC\)](#), [Guidance for HIV providers \(HIVMA\)](#), [Vaccines for PLWH \(HIVMA\)](#), [UNAIDS infosheet on COVID-19 vaccines and HIV](#)
- **HIV services during COVID-19:** [Click here for Contra Costa HIV services](#), [Alameda County HIV services](#), [SF Community Clinic HIV clinic reopening guidance](#)
- **Key Communities:** [Harm Reduction Coalition](#), [Immigrants Rising](#), [Protecting Immigrant Families: Public Charge](#), [Healthcare for the Homeless](#), [COVID info in Asian languages](#)

LOOKING FOR COVID-19 TESTING?

- **[Rapid COVID-19 antigen home tests are now available](#):** The BinaxNow antigen home self-test, retailing at 2 tests for \$23.99 is now sold at pharmacies (CVS, Walgreens, Walmart) and online retailers nationwide. The 15-minute test is done with a nasal swab, with results showing on a card. Additional antigen tests will be on sale soon too. The CDC [has guidance](#) on what individuals should do following a negative or positive at-home test.
- **[SF Chronicle's map of Bay Area testing sites](#)** that don't require a doctor's referral.
- **[Alameda County COVID testing sites:](#)** This [webpage](#) includes community-based sites offering free testing for anyone with symptoms, including people without health insurance.
- **[Contra Costa County free drive-through or walk-in COVID testing](#)**
- **[Solano County free testing sites](#)**
- Please check the listing for updates and call the testing site before you leave to make sure they are open for testing, you are eligible, and register if needed.
- If you don't have a provider and have COVID symptoms: In Alameda County, call Alameda Health System 510-437-8500 for a phone screen and guidance. In Contra Costa County, call 844-729-8410. In Solano County, the county COVID warmline is 707-784-8988.
- If you're having difficulty breathing and unstable, please go to your nearest emergency room.

[← BACK TO UPDATES](#)



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GETTING
TO ZERO**

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